Get into Newcastle

YOUR FREE FORTNIGHTLY GUIDE TO WHAT'S ON IN NE1

ALL FOODIES REJOICE
NE1’s Newcastle Restaurant Week is back! The North’s biggest celebration of food returns with some amazing restaurants to enjoy this month.

LOOKING FORWARD
Brace yourself! We’ve got a round-up of some of the exciting events and massive celebrations to look forward to in NE1 in 2022.

GEAR UP FOR FITNESS
If you’re looking for some shiny new activewear to kickstart a healthy new you, we’ve got you covered with our shopping guide.
Don’t miss out! See the full list of participating restaurants and download your voucher at getintonewcastle.co.uk/restaurant-week

#NE1RestaurantWeek
Our picks of Toon highlights happening in the city this January

The coming weeks... at a glance

- **JEWELS**
  - Haymarket
  - 17 January
  - Six is a multi-award-winning musical with a brilliant cast and captivating stage sets. Dazzle in this glamorous triptych.

- **ROSS NOBLE: HUMOURNOID**
  - Theatre Royal
  - 20-22 January
  - Internationally renowned comedian, Ross Noble, is heading to the Theatre Royal. He'll be working his way through his many timeless classics such as Rollercoaster and Lovin' each day, as well as treating fans to new hits from his latest album, Twenty Twenty.

- **THE SMEDS AND SMOS**
  - Tyne Theatre & Opera House
  - 23 January
  - Perfect for families, join Smed and Smoo as they fall in love and zoom off into space together on a whirlwind journey. Expect a mega soundtrack, hysterial laughs and interplanetary adventures!

- **MARCH OF THE MANORS**
  - Newcastle University
  - 17th-21st January
  - If you've ever wanted to experience what it's like to be a medieval king, this performance that mixes 500 years of historical events will take you to the heights when a creature is created and a brilliant cast is in charge!

- **NEWCASTLE RESTAURANT WEEK**
  - Across the City
  - 17-23 January
  - The finest foodie event in the North is back! Enjoy top-quality food, try out quirky cuisines and let your tastebuds celebrate top-quality food, try out quirky cuisines and let your tastebuds

- **FUNKY FRIDAYS**
  - Fireworks
  - Students Union
  - 11-22 January
  - The fabulous four-piece from Brighton are part of the UK's thriving indie rock scene. Don't miss out on their high energy live shows so now's your chance to experience them first hand. They will be hitting the Students Union stage, doing what they do best. Don't miss out!

- **THEATRE ROYAL$$**
  - Theatre Royal
  - 18 January
  - International smash-hit musical, SIX, is making its way to Theatre Royal this January and it's a must for theatre-lovers. This multi-award-winning hit has sold out in London and New York and now it's coming to Newcastle! Settle in as sparkling scenes take to the big screen for one night only! Settle in as sparkling scenes take to the big screen for one night only!

- **BOILERSHOP**: **TWISTED CIRCUS 3**
  - Boiler Shop
  - 21-22 January
  - Back by popular demand, the Twisted Circus is returning to Boiler Shop. Tayce, Scarlet Bobo and friends hit the stage for a jaw-dropping circus production show that's packed full of mayhem, mischief and mishaps! With free entry too, what's not to love?

- **WYLAM BREWERY**: **FLOWER POWER - VEGANUARY IN THE BREWERY**
  - Wylam Brewery
  - 21-22 January
  - Wylam Brewery presents a friendly event at Wylam Brewery. The 44Events team is promising more gorgeous vegan scran, you'll be thrilled to hear about this exciting vegan-month at the start of the year, or you just fancy digging into some delicious food than you can shake a stick at. With free entry too, what's not to love?

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Word on the street

INSPIRING INSIGHTS AND EXCLUSIVE NEWS FROM ACROSS THE TOON THIS FORTNIGHT...

END. MOVE INTO NEW GREY STREET HOME!

It’s finally open! Our pals over at END. have expanded into their beautiful new Grade II listed home on Grey Street that was once occupied by Byron Burger. Having been a staple fashion outlet in Newcastle for a number of years now, the new, larger flagship store is a reason to rejoice for all you streetwear and designer brand fans out there! More space means more real trendy garms on the rails for you lot! The bright neon END. sign at the new site looks out upon Grey’s Monument, a lovely view for anyone planning to queue up for the next big limited edition trainer drop. So when you’re looking for a fresh night out fit, be sure to drop into the amazing new addition to END.’s city centre presence to browse their racks of over 400 brands and designers!

enderclothing.com

CHINAWHITE LANDS IN NEWCASTLE!

That’s right, Ferdele Street’s historic Assembly Rooms are alive once again with the sound of music! With luxurious club rooms already established in Manchester, Birmingham and London, Newcastle is the latest city the Chinawhite Group are calling home. Much like us Geordies, the Chinawhite Group know how to have a good time and we’re buzzing that they’ve finally brought their luxury club to the Toon! Known for their signature opulent Asian-inspired interiors and penchant for attracting the odd celebrity patron – Leonardo DiCoppo, Drake, Rihanna, the list goes on – Chinawhite is sure to bring some more glitz and glam to our fun-loving city! So if you fancy feeling like a superstar, get your best gear on and book a VIP table at Chinawhite!

chinawhite.com

NEWCASTLE NAMED UK’S SMARTEST CITY IN GLOBAL SMART CITY INDEX!

The Toon’s thriving digital sector is flying! We’re buzzing to reveal that Newcastle has been named as the highest-ranked UK city and ahead of some of the world’s best-known cities in the global Smart City Index! Climbing two places from last year’s index ranking to 21st, Newcastle has soared past both London and Manchester to claim the title of the UK’s smartest city! The Global Smart City Index is an internationally recognised ranking tool that measures how the lives of communities are improved by smart technology, and we’re not surprised that the Toon is soaring given that we’re home to some of the best and brightest tech organisations in the country!

newcastle.gov.uk

MRKT COFFEE OPENS ON PILGRIM STREET

Huurp! A brand new coffee shop has opened on Pilgrim Street! MRKT Coffee has been a hit since it opened in late December, serving up the finest freshly brewed coffee as well as some delicious bites from local favourites. MRKT has teamed up with Dot Bagel to bring you mouthwateringly fresh bagels made by hand in store, as well as stocking a whole range of incredible desserts courtesy of The Pudding Parlour! MRKT coffee is definitely going to be our new one stop shop for the three Cs – coffee, carbs and cakes!

instagram.com/mrktcoffee

NE1’S LASER LIGHT CITY LIT UP NEW YEAR’S EVE!

It’s coming back! Who’s ready to do Paddy Fest all over again this March? We can’t wait to get ourselves back to Times Square with our dancing from 15-19 March, to dance the day away in celebration of the most fun patron saint on the block, the one and only St. Patrick! Expect top notch scott, great drinks and amazing music with pop-up fun across the weekend, courtesy of Koval Karaoke, live action from the Guinness Six Nations, Bingo Bonanza and Let’s Play Darts, to name but a few. So find your best green outfit, round up your drinking buddies and get Paddy Fest well and truly put in your diary with permanent marker! Trust us when we say it’s going to be one of the biggest and best parties of the year, once again!

paddyfest.co.uk

FAT HIPPO LAUNCHES MOUTHWATERING VEGANUARY MENU

They’re only gone and done it again! The legends over at Fat Hippo have cooked up a super special menu to cure those January blues, vegan style! Whether you’re eating clean as of 2022 or a life-long herbivore, Fat Hippo’s lush Veganuary menu is a must try this month. Headlining the menu is the incredible PB+V – that’s right, peanut butter on a scrumptious plant patty! Alongside that you can fill your plate with hearty dirty fries and vegan cheese balls, delish! Finally, wash it all down with the Vegan Mars Attack, an amazing Oreo flavoured milkshake. Even staunch carnivores will be one of the biggest and best parties of the year, once again!

Fat Hippo

Another Fab Addition Joins The NE1 Team

A huge NE1 welcome to the newest member of our team, Rachel Barlow! Rachel joins us as Marketing and Events Manager, meaning not only will she be super involved in this brilliant magazine, but she’ll also be planning and delivering our events, managing our social media, and keeping the Get into Newcastle website looking fresh! With a wealth of hospitality and marketing experience over recent years, as well as a stint with our friends at Northumbria University, we can’t wait for Rachel to get her teeth into the role, and we’re so excited to see everything she’ll achieve! We’re sure many of you will get to meet her in the coming months, but if you see her out and about in the city in the meantime, give her a friendly wave and say hi!

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hotelduvin.com

PADDY FEST SET TO RETURN THIS YEAR!

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paddyfest.co.uk

In Newcastle Motel Du Vin is well-known for being the home of Paddy’s Burns Night celebrations in the city, and the hotel has now opened its doors to bring you another incredible Burns Night experience. The hotel’s Burns Night celebration is one of the most anticipated events of the year, and this year’s edition promises to be bigger and better than ever. The evening will feature live music, traditional Scottish food, and of course, a recitation of Burns’ most famous works. Whether you’re a fan of poetry or simply looking for a fun night out, Motel Du Vin’s Burns Night celebration is not to be missed. Get ready to join us as we celebrate the great Robert Burns on Saturday 22 January, the weekend ahead.

Motel Du Vin Host Burns Night

What a wonderful thing, having a braw night of haggis, neeps and tatties at Hotel du Vin! Och aye, we’re celebrating Burns Night this year at the beautiful Hotel du Vin Newcastle. The luxury hotel and bistro will be holding a Robert Burns themed night on Saturday 22 January, the weekend ahead of the official Burns Night the following Tuesday. Expect an incredible night of authentic Scottish cuisine, big bagpipe tunes, knees up dancing and, of course, poetry readings from the works of Robbie Burns himself. Kilts and tartan outfits certainly aren’t required, but they’re definitely encouraged! I dran ken about you but I cannae wait!

hotelduvin.com

Fat Hippo Launches Mouthwatering Veganuary Menu

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Fat Hippo

End of the street
NE1's Newcastle Restaurant Week

FAB FOOD

The iconic and widely-loved NE1 Newcastle Restaurant Week is set to return following a two-year absence and it’s roaring back into the city in style, providing Geordies and visitors from afar with the most sought after dinner invitation found anywhere in the North this month!

The name of the game is simple; for just £10, £15, or £20 per person, we’re giving you the exclusive opportunity to experience some of Newcastle’s exceptional restaurants and tuck into decadent two and three course menus, all week from Monday 17th - Sunday 23rd!

Wave goodbye to dull January days and those mundane diets by visiting getintonewcastle.co.uk, to check out participating venues, browse the menus, and download your Restaurant Week vouchers now!

NE1’s Newcastle Restaurant Week provides the Toon’s hospitality sector with a £550,000 BOOST IN JANUARY ALONE!

What a celebration to banish those January blues and kick start 2022 in the Toon!

Did you know that Restaurant Week menus were looked at over £550,000 BOOST IN JANUARY ALONE!

Get ready to get into Newcastle Restaurant Week!

It’s the perfect opportunity to add a delicious foodie date or two to your winter diaries, as seasonal delights are brought to the city’s table once again and all for a series of unbelievable prices!

It’s a beloved celebration that serves up a tremendous treat for the Toon, and the perfect opportunity to visit your old favourite, or new opening, NE1’s Newcastle Restaurant Week is back serving up the goods and bringing tens of thousands of foodie fanatics to the streets of NE1 for an unmissable culinary celebration. Whether you’re heading out on a culinary adventure to an iconic and much-loved venue, sampling ultra-modern menus at new spots, or booking in with seasoned favourites, a week spent with loved ones in the city, munching through fresh flavours and cool creations sounds like more than a plan to us!

So what are you waiting for? Fire up the group chats, round-up the gang, pencil Monday 17th - Sunday 23rd in your calendars and book in for a week-long glorious gastronomic journey in the city this month! It’s going to be an exquisite celebration!

getintonewcastle.co.uk

The North’s biggest foodie celebration is making a triumphant return to the eateries of Newcastle this January!

The iconic and widely-loved NE1 Newcastle Restaurant Week is set to return following a two-year absence and it’s roaring back into the city in style, providing Geordies and visitors from afar with the most sought after dinner invitation found anywhere in the North this month!

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getintonewcastle.co.uk

New names on the block!

KHAI KHAI

CAFE ANDALUZ

HARD ROCK CAFE

GINO D’ACAMPO

AYLA

FED’S

NE1 icons return...

21

AVEIKA

BLACKFRIARS

SACHINS

HORTICULTURE

Did you know that Restaurant Week menus were looked at over 1,500,000 times in January 2019 alone?

More than 45,000 foodies visited getintonewcastle.co.uk to get their Restaurant Week vouchers!!

120,000 foodies visited getintonewcastle.co.uk to get their Restaurant Week vouchers!
Culinary Delights!

WE’RE ALL IN FOR AN ABSOLUTE TREAT THIS JANUARY WITH OUTSTANDING DEALS AT DOZENS OF FABULOUS RESTAURANTS. THERE’S NO BETTER TIME TO SAMPLE SOME OF THE BEST FOOD AVAILABLE IN NEWCASTLE!

EAT AT MALDRON

Taking part in Newcastle Restaurant week 2022

2 COURSES
£10 PPS

3 COURSES
£15 PPS

BOOK NOW

OH IT’S ON!

RESTAURANT WEEK IS ON @ HARD ROCK CAFE NEWCASTLE
17-23 JAN

PIZZAPUNKS

SOURDOUGH PIZZA / FRESH PASTA / CRAFT COCKTAILS

WE ARE INVOLVED IN NE1 RESTAURANT WEEK 2022!

BE QUICK AND BOOK NOW!

34-40, GREY ST, NEWCASTLE UPON TYNE NE1 6AE
0191 230 0777 / NEWCASTLE@PIZZAPUNKS.CO.UK

TRY OUR PUNKED UP PIZZAS + KILLER COCKTAILS!
RUGBY LEAGUE WORLD CUP COMES TO NE1

There’s nowhere quite like the Toon when game-changing sporting events arrive, and our anticipation for Newcastle to take centre stage as the host city for the opening match of the rescheduled Rugby League World Cup is at fever pitch! And our anticipation for Newcastle to take centre stage as the host city for the opening match of the rescheduled Rugby League World Cup is at fever pitch! This vibrant St James’ Park, will welcome the event by hosting the initial ceremony, followed five weeks from Saturday 15 October 2022, with Newcastle being one of the opening match of the rescheduled Rugby League World Cup is at fever pitch! and our anticipation for Newcastle to take centre stage as the host city for the opening match of the rescheduled Rugby League World Cup is at fever pitch!

NOW THAT THE NEW YEAR IS HERE, WE’RE LOOKING AHEAD TO SOME OF THE GAME-CHANGING EVENTS AND MONUMENTAL CELEBRATIONS HEADING TO THE TOON IN 2022...

THE YEAR AHEAD

NE1 has 2022 covered!

NORTHERN PRIDE PRESENTS UK PRIDE 2022

All eyes are on Newcastle as Northern Pride finally gets the chance to host UK Pride, only three years after they won the right to host a big show on the weekend of 22 - 24 July, as next year’s Northern Pride is shaping up to be the biggest celebration yet. Not only do we have a vibrant weekend of LGBTQ+ festivities to look forward to, but they’ll be delivering a plethora of events across the region throughout the year too! It’ll be a mega weekend in the Toon, packed full of sublime live entertainment, global stars, local favourites and new attractions such as the Fourth, Flight, a platform that’ll showcase the trans, non-binary and gender diverse community here in the North East. Slap 22 - 24 July in your social diaries and get set to celebrate Northern Pride in sensational fashion! Rainbow flags at the ready - let’s get northern-pride.com

NEWCASTLE’S BOLD £50M VISION TAKES SHAPE

It might not be an event, but the good news for ‘22 just keeps on rolling! As well as a raft of sublime sporting events, amazing openings, and carnival weekends to enjoy next year, we can all look forward to the beginning of a transformed city centre in 2022 as Newcastle City Council’s super exciting £50m vision takes shape! Set to breathe new life into some of the city’s much-loved spaces such as Grey Street, Northumberland Street, Ridley Place, and Southie Raw, these vitally important streets in the heart of Newcastle will undergo a radical transformation as our city becomes a more welcoming and attractive place for everyone to live, work and enjoy. We can’t wait to see them come to fruition!

LINDISFARNE GOSPELS 2022

Wash! The Lindisfarne Gospels, one of the world’s greatest surviving treasures, and one of the North East’s gifts to the world (as well as big big, and snazzy bridge!) will go on display at the Laing Art Gallery from 17 September to 3 December 2022! The most spectacular manuscript to survive from Anglo-Saxon England, the Lindisfarne Gospels return to the city for the first time in 22 years with a brand new exhibition explaining their meaning in the world today and exploring the Gospels’ relationship with themes of personal, regional, and national identity. Culture seekers can also look forward to a plethora of events across the city to celebrate the landmark loan from the British Library, as well as a high-profile artist commission to reimagine the Gospels for a 21st-century audience.

Dacia Magic Weekend returns

As the winter chill bites, we’re dreaming of warmer days in the Toon as scores of exuberant rugby fans descend from all corners of the UK to our great city to watch the biggest Super League stars battle it out at St James’ Park! That’s right folks, Super League’s Magic Weekend is back and confirmed for 9 - 10 July 2022, when a summer festival of Super League action with six high-octane matches arriving in the city for a carnival weekend of rugby. Round up the gang, don your finest fancy dress, and we’ll see you in the stands for more scintillating sporting action!

AND THAT’S JUST A TASTER OF WHAT WE’VE GOT TO COME IN 2022!

Expect our usual summer shenanigans with the return of some of our iconic summer events, as well as exciting pop-ups, Christmas cracker (I’ll be here before you know it!) and mouth-watering foodie events. There’s plenty to keep you busy as we enter a new year, and 2022 is looking like a big one already! See you on the other side, brace yourselves!

#Whataweekend

Rise and shine!

A jam-packed weekend in the Toon awaits, so get your Saturday off to a flyer with bold breakfast bites at Blakes’! Head to this Grey Street hangout and tuck into huge English breakfasts, fluffy American pancakes and other delightful morning treats!

blakescafs.co.uk

Glow up!

Settle in for a blissful sensory experience at Qwens. A spa and wellness space on John Lennow’s Base! Book those winter blues and indulge in well-named downtime with one of their signature facial treatments! I’ll rejuvenate your skin and leave you feeling absolutely fabulous!

johnlennons.co.uk

Punk it up!

In need of some fab foodie fuel to help you on your way as your lazy NET weekend unfolds? Make a date at Pizza Punks on Grey Street and enjoy a scrumptious menu packed full of delicious artisan pizza, show-stopping sides and dining desserts!

pizzapunks.co.uk

Whisky and blues...

Mega music, fab drinks and sweet vibes await at Blues and Bourbons, the new NET I love bar over on Nolens Street! A cosy spot packed full of character and colourfull personalities alike, head here, sip on something nice and vibe the night away to live music that’s playing every night!

facebook.com/bluesandbourbons

Toon Toon!

The black and white army is back in action this Saturday, taking on Walsall at St James’ Park! Get your scarfs on and get behind the lads as they (*hopefully*) bring in some winners for 90 minutes. We’ll all about the positive football vibes here at NET!!

norfc.co.uk

Cluny calling!

Oh yes! London Calling, the UK’s premier Clash tribute band will be tearing the house down with iconic tracks at The Cluny this January! Don your gig-going boots and get down to better tunes such as Should I Stay or Should I Go, Black The Cabins, Stay Free and London Calling. It’s going to be mega!!

facebook.com/clunynorwich

Roll the dice!

Embark on a Monopoly marathon (no cheating!) this January and head over to Meeple Perk; the game of warmer days in the Toon as scores of people play Monopoly all day long! Roll the dice!

meepleperk.co.uk

The Posada is back!

Hurray! The Crown Parade has returned and is now open for business! One of our favourite spots in the city when it comes to sourcing a few craft pubs within a beautiful grade it listed building. Head here, order a cold one and back in the glory of the summer season - it’s incredible!

facebook.com/crownposada

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facebook.com/crownposada

15.01.22 - 16.01.22

IT’S THE WEEKEND!

Coffee and chill...

Cannabis Coffee has taken NET’s coffee scene to the next level and they’re one of the best spots in the Toon when it comes to sippin’ on something incredibly delicious! A beautiful stall located on Market Street, start your Sunday with a rich black and white and watch city lifeumble by!

btb.net/yourcoffeecoffee

Sushi treats!

Wander over to Sushi Me! Bullitt! over on Grey Street and order yourself some freshly-made, super healthy rolls of sushi goodness to feed your weekend up! With seafood, chicken and veggie dishes on the menu, there’s plenty to choose from. You might have to queue, but we promise it’ll be worth it!!

sushimeedin.co.uk

A tavern trip...

Take a trip to The Bridge Tavern this Sunday, where you can enjoy a date at Pizza Punks on Grey Street and enjoy a scrumptious menu packed full of character and colourfull personalities alike, head here, sip on something nice and vibe the night away to live music that’s playing every night!

facebook.com/thelionandtun

SUSHI PARTY...

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facebook.com/thelionandtun

Neck Deep in good music!

From underground heroes to brilliant pop-punk superstars, Welsh rockers Neck Deep are thundering into O2 Academy Newcastle for an epic celebration of their fab new album. All Distractions Are Intentional. Expect a cracking evening of Epic pop-punk and hair-raising vocals all night long!

academyrocking.com
WE ARE HIRING

For sustainability living >>

TOO GOOD TO GO
Another great way to reduce food waste whilst getting yourself some fresh healthy grub this month is the Too Good To Go app! This nifty little application has lists of great restaurants from across the city centre on it, all giving you the opportunity to bag some tasty morsels for a bargain instead of them throwing it out. With so many places to choose from and the amazing value for money, this is a win win for you and the planet! toogoodtogo.co.uk

THE BARRE WORKOUT
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THE NAKED DELI
This super popular Gray Street spot is all about serving up healthy, nutritious and down right tasty food for those looking for a health kick on the go! Specialising in dishes that are packed with protein, The Naked Deli serves up awesome meat and vegan dishes that are perfect for a post work out munch. If you’re looking for a sweeter treat that’s still bursting with protein then you’ve got to try their protein pancakes! Served with bananas and maple syrup, these sweet treats will set your cheat day right out! thenakeddeli.co.uk

ALMONDS & RAISINS
This little haven of health, wholefoods and organic produce in the Grainger Market is an absolute must visit! Stocked to the rafters with all the vitamins you could ever need and a fantastic range of ingredients to make your meals all the more nutritious, Almonds & Raisins will have you eating clean in no time! almondsandraisins.co.uk

PETIT TRAY
This adorable bakery and café serves up some of the most delicious pastries and cakes in the city! They are dedicated to using locally sourced ingredients and supporting other small businesses. Visit Petit Tray this month to try their new winter menu!

GREAT NORTH RUN 2022
The ballot for the Great North Run 2022 is now open! It doesn’t matter if you’re a seasoned runner or enthusiastic first timer, everyone’s on a level playing field when the lottery of runners gets drawn next month. So get your name in now and potentially secure your place in one of the most sought after races in the world! Signing up to do the run is a great way to keep yourself motivated towards your fitness goals throughout the year too, plus you get a shiny medal at the end to show your puds. Sign up now! gtnorun.org

PureGym, Eldon Garden
Slip on your new trainers and get back in the gym with a vengeance this January! Whether you’re a beginner or certified gym veteran, PureGym is the perfect place to get those muscles back in gear. Offering a range of classes for all needs, personal trainers and the latest gym equipment, PureGym is your one stop shop for all things fitness. puregym.com

F.I.T CLUB
Seized any attention, soldier! Looking for a more intense fitness experience this year? Look no further than F.I.T Club! This High Bridge gym specialists in combining both military and boxing fitness techniques to get you in the best shape of your life. No previous experience is required, just turn up, get some gloves on and get stuck in! fitclub.co.uk

WE WELLBEING

NIL LIVING
Maybe your New Year’s resolutions for 2022 were less about yourself and more about doing what you can to save the planet. If that case you’ve simply got to visit Nil Living! Another superb independent Grainger Market shop, Nil Living aims to provide plastic free, waste free and environmentally friendly essentials to help you make small and sustainable changes to your everyday life. Selling everything from body care products to refillable washing up liquid, Nil Living is your one stop eco-friendly shop! nilliving.com

NEWCASTLE ARTS CENTRE
Get lost in some captivating works of art at Newcastle Arts Centre! It might not be the most obvious place to visit in a list focusing on fitness and wellbeing, but there’s nothing quite like losing yourself in a good piece of art. It lets you escape from the hustle and bustle of city life for a few hours of creative beauty and tranquility. Newcastle Arts Centre has a number of vibrant cultural exhibitions to discover this month, so get yourself down to the Westgate Road gallery and get inspired! newcastlesartscentre.co.uk

Wellbeing >>

THE MAGIC HAT CAFÉ
Tucked away on Higham Place, this hidden gem of a café is the place to be if you’re looking for delightfully colourful vegan meals filled with flavour! However, there’s more to The Magic Hat Café than meets the eye. All of their food is made with surplus food that was previously destined to be wasted and sent to a landfill. So not only are they cooking up beautiful dishes, they’re doing it in a way that wastes absolutely no food – what a belt! themagichatcafe.co.uk

Eating clean in no time!
Almonds & Raisins will have you eating clean in no time! Their fantastic range of ingredients to make the perfect meal, including almonds and organic produce. You won’t be able to resist the temptation to try their scrumptious dishes, packed with protein and other essential nutrients!

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FEELING GOOD

HAPPY YOGA
Happy Yoga does exactly what it says on the tin and a whole lot more! This super chilled Carliol Square studio provides regular yoga sessions for all abilities, as well as drop-in meditation sessions and the odd luxury yoga retreat if you really want to get away from it all. Get your mind and body right all at the same time with Happy Yoga’s laid back approach and stress relieving sessions. Make 2022 the year you become a stress-free zen master! happyyoganewcastle.com

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BOOST
Give your wellbeing a mighty surge this January with a deliciously fresh smoothie from Boost! This amazing juice bar has been serving up tantalisingly tasty pick-me-ups in Eldon Square for years, blending together the freshest of fruity flavours right before your very eyes. With a huge range of flavour combinations to choose from, there’s something for everyone at this smoothie citadel! boostjuicebars.co.uk

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For sustainability living >>

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Intimate Indian Magic

Khai Khai

Net Visited Khai Khai, the New Indian Restaurant on Queen Street That’s Combining Traditional Cooking Techniques with Modern Ingredients to Create a Melting Pot of Exquisite Flavours and Indian Authenticity.

Both bubbling pots of goodness provide a joyous tasting experience that oozes plenty of aromatic vibes and standout Indian flavours. The smoothness of chicken tikka and classic tandoori marinade topped with zesty herb chutney serves up a meaty bite, while the braised boneless lamb joint is nestled in a melting pot of fresh ginger and dry-roasted spices to create a rich and truly outstanding dish!

If it’s winter, we’re hungry, we’ve promised ourselves that the January diet will come into full effect one day soon and so we order some extra dishes (no judgements please!). We’ve keen to try the mango and coconut salad (£6.25), lamb anethi kebab (£7.50), champa panner (£5.95) and Khai Khai’s signature tandoori broccoli (£7.25), so we order them all! The dishes are deliciously refreshing and you’re treated to a succulent, magical mouthful with every bite, and the tandoori broccoli is a must-dish!

Let’s talk toppings. No fine-dining treat to sell is complete without a beverage too and we’re delighted to announce that Khai Khai’s cocktail offering is outstanding. The rose-tinted martini (£7.90) is beautifully aromatic, the Tyre brown is a fizzy glass of opulence and the five brick-saw (inspired by the Toon’s brick-making heritage we might add!) is brimming with seasonal berries and redcurrant syrup. A delightfully bold tipple at that price perfectly when mopping up the last of your lamb bhuna!

Having powered through small plates, topped the murgh tikka and sent ourselves into a food coma with adakhi bhuna lamb, we of course turn our attention to the dessert menu like a true, responsible adult. The Jasper grilled pineapple (£6.95) is truly out of this world. It’s an oxtail dish featuring wildflower honey, star anise and topped with a dollop of rich coconut ice cream. Other spectacular sweet treats include rhubarb and carrot halwa (£5.95), the homemade jam and walnuts, be sure to try the soft and creamy cardamom waffle release, 18 months matured cheese from the Jura region of Eastern France. Those looking to indulge in the ‘queen of cheeses’, dive head first into the brie de Morbihan - a stunning soft cheese from northern France!

Toon’s brick-making heritage we might think of January’s dessert menu like a true, responsible adult. The Jasper grilled pineapple (£6.95) is truly out of this world. It’s an oxtail dish featuring wildflower honey, star anise and topped with a dollop of rich coconut ice cream. Other spectacular sweet treats include rhubarb and carrot halwa (£5.95), the homemade jam and walnuts, be sure to try the soft and creamy cardamom waffle release, 18 months matured cheese from the Jura region of Eastern France. Those looking to indulge in the ‘queen of cheeses’, dive head first into the brie de Morbihan - a stunning soft cheese from northern France!

When it comes to traditional Indian dishes, we’ve got ourselves into a food coma with adakhi bhuna lamb, we of course turn our attention to the dessert menu like a true, responsible adult. The Jasper grilled pineapple (£6.95) is truly out of this world. It’s an oxtail dish featuring wildflower honey, star anise and topped with a dollop of rich coconut ice cream. Other spectacular sweet treats include rhubarb and carrot halwa (£5.95), the homemade jam and walnuts, be sure to try the soft and creamy cardamom waffle release, 18 months matured cheese from the Jura region of Eastern France. Those looking to indulge in the ‘queen of cheeses’, dive head first into the brie de Morbihan - a stunning soft cheese from northern France!
Art & Culture

Cultural highlights

FROM COMEDY THAT WILL MAKE YOU LAUGH OUT LOUD TO DANCING TOURS, CIRCUS HORRORS AND WORLD-FAMOUS EXHIBITIONS, HERE’S WHAT YOU CAN LOOK FORWARD TO IN THIS NEW YEAR...

JEWELS
23 JANUARY
Bullet brilliance comes to the silver screen this month as Tyneside Cinema hosts an extra special one-off showing of Jewels! This extravaganza of music and dance sees three incredible composers come together to soundtrack the styles of three world renowned dance schools that have contributed to making choreographer George Balanchine a legend of modern ballet. A homage to George’s storied career, Jewels is a picture of enchanting elegance that’ll have you hooked from start to finish! tynesidecinema.co.uk

ROSS NOBLE
20 - 22 JANUARY
One of the funniest fellas to ever come out of the Toon, hometown hero Ross Noble is making an epic return to Newcastle this month for three huge dates at the O2 City Hall! Touring the UK with his hilarious Humornoid show, Ross will no doubt have you doubled over with his unique brand of surrealistic comedy that can truly end up going anywhere - there’s no predicting which direction Ross’ imaginative fantasies will take him! You could genuinely go to every one of these nights and experience a totally different and equally side-splitting performance from him. Trust us, you’ll love it! rossnoble.com

NOT A LIFE SAVING DEVICE
THROUGHOUT JANUARY
Prepare to be stopped in your tracks by these incredible surrealist-meets-hyperrealistic paintings by internationally renowned artist Sutapa Biswas at Baltic Gallery! This month it’s your last chance to catch the Not A Life Saving Device exhibition, featuring an array of mind-bending oil on canvas paintings that look so real you’d swear they’re photographs! Fusing both classical and pop art sensibilities, this exhibition is a must see collection of extraordinary art! baltic.art

CIRCUS OF HORRORS
15 JANUARY
Scream with joy! The macabre madness that is Circus of Horrors is coming back to Tyne Theatre & Opera House this January! A truly spine-tingling spooky night only! This unique show has been wowing audiences for over 25 years now, combining rock music with gruesomely fun, high octane circus action. From sitting on the edge of your seat to bursting out in fits of laughter, the Circus of Horrors promises a theatre performance that you’ll never forget! tyneheatranothehouse.co.uk

JILL CROSSLAND
14 JANUARY
The Lit & Phil has a treat in store for all you concert pianist fans this January. Making her return to this special venue on Westgate Road, Jill Crossland is one for doing live performances very often so you can be sure that the free tickets will be quickly snapped up for this event. Jill is a pianist of such skill and nuance that she is deservingly credited as a ‘natural Mozartean’ - praise indeed! The International Record Review describes her playing as having ‘intensity and real pathos’ and there’ll certainly be plenty of that on show! Not to be missed! jillcrossland.co.uk

SUTAPA BISWAS
THROUGHOUT JANUARY
Get arty this year with a trip over to Baltic to see Sutapa Biswas’ fantastic major solo exhibition! An epic display that explores themes of time and space in relation to gender, identity and desire, Biswas’ work is an absolute joy to behold. Working with stunning drawings, photographs and film, Biswas doesn’t limit herself to one medium and that’s what makes this exhibition so captivating. There’s a reason Biswas is such a revered artist and vital contributor to the Black Arts Movement in Britain, her work both challenges and inspires. You’ve just got to go see it for yourself this month! Baltic art

SIX UNTIL 22 JANUARY
The international smash hit musical SIX is finally coming to Newcastle! Henry VIII’s six wives will be taking to the Theatre Royal stage this January to sing their way through five hundred years of historical heartbreak in an 80 minutes of pure entertainment. A triumphant performance that celebrates 21st century girl power, this empowering theatrical extravaganza is an absolute must see! theatreroyal.co.uk

ERUPTIONS: A DECADE OF CREATION
THROUGHOUT JANUARY
Heads up! It’s your last chance to see this captivating exhibition of stunning photography at Side Gallery! From the brilliant mind of artist and curator Poulose Bose, her first major international solo exhibition has been wowing Geordies for months now. It’s been hailed as a poignant celebration that showcases the strength of women and indigenous communities in South Asia. Expressing her creativity through the mediums of film, photography and immersive VR, Bose’s exhibition is an awe inspiring exploration of gender and class within indigenous communities from the Indian subcontinent. It’s leaving the Side Gallery in February so be sure you get down to check it out this month! amber-online.com

You are invited to Mineral House Leisure Open Week 10th-23rd Jan 2022
Appointment only for a tour and to discuss your membership. Join on the day with no joining fee.

Gym Membership
Paid Monthly Membership Includes:
• Free city centre car parking
• 20% off spa treatments, 15% off The Gin Bar & Hawthorns
• State of the art Technogym equipment and free weights area
• 10 metre black-tiled pool, steam room and spa pool

Available from £11.25 per week

Terms & Conditions: *Voucher valid for 12 months and only redeemable at Crowne Plaza Newcastle for food, drink, bedrooms and spa treatments. Cannot be exchanged for cash. Subject to availability and terms and conditions apply.

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T. 0191 562 3333 E. leisure@cpnewcastlehotel.co.uk W. www.cpnewcastlehotel.co.uk
Going out out

IF YOU WANT TO FILL YOUR EARS WITH LIVE MUSIC THIS JANUARY, HERE’S OUR PICK OF SOME OF THE BEST GIGS TO HEAD TO...

NECK DEEP
16 JANUARY
Don your best skinny jeans and Vans because Welsh pop-punk heroes Neck Deep are setting their sights on Newcastle! The boys will be touching down and opening up their pit at O2 City Hall this month, armed with infectious riffs and huge choruses to join in on. They’ll also be bringing America’s own emo rock sensation Nothing,Nowhere along to really kick off the night’s proceedings with a bang! Two of the biggest stars in alternative music under one historic George’s roof, what more could you ask for? academymusicgroup.com

RICHARD BURNS
16 JANUARY
You say it best... when Ronan plays City Hall! That’s right, the platinum-selling, one and only Ronan Keating is Tein bound this month. The pop superstar will be serenading you with timeless classics as well as new hits from his latest album Twenty Twenty at O2 City Hall. Whether it’s Life Is A Rollercoaster, When You Say Nothing At All, or Lovin’ Each Day, we know you’ll love some quiet time this weekend! Don’t miss out on this one.

RONAN KEATING
17 JANUARY
You say it best... when Ronan plays City Hall! That’s right, the platinum-selling, one and only Ronan Keating is Tein bound this month. The pop superstar will be serenading you with timeless classics as well as new hits from his latest album Twenty Twenty at O2 City Hall. Whether it’s Life Is A Rollercoaster, When You Say Nothing At All, or Lovin’ Each Day, we know you’ll love some quiet time this weekend! Don’t miss out on this one.

JAY ELECTRONICA
15 JANUARY
Hip-hop heads and lovers of great music region, Louisiana hip-hop heavyweight Jay Electronica is.crossing the pond to play a rare headline show at Boiler Shop! Known for setting bars alongside legendary names like Jay-Z, Kanye West and Kendrick Lamar, Jay has built a bulletproof body of work that marks him as one of the biggest must-see rappers in the game right now. Take the opportunity to catch this top level stateside wordsmith whilst he shouts down the Toon for one night only!

FICKLE FRIENDS
15 JANUARY
Synths, sing-alongs and all out indie party vibes are heading your way this month courtesy of Fickle Friends! The Brighton four-piece have been a staple in the UK’s thriving indie rock scene for a number of years now, standing out with their super high energy live shows and dream-pop sound. Hot off the heels of their Weird Years Season 2 EP, Fickle Friends will be hitting the Newcastle University stage with a bang this January! Don’t miss out on this one.
Family Fun

**Kids & Family >>**

**LITTLE ARTISTS 17 & 24 JANUARY**

Discover the Laing with your little ones and support their early development as part of one of the gallery’s fun and relaxed Little Artists workshops, which explore a different theme each week. Each session involves a warm-up with movement and motion, gallery exploration with fun interactive activities, a practical art activity and a short storytime! laingartgallery.org.uk

**LEGO CREATIONS THROUGHOUT JANUARY**

Calling all LEGO lovers! Lego it over to Life Science Centre this January to see their brand new collection of incredible creations from professional LEGO artist! Featuring super-cool models of the Houses of Parliament, a huge four-metre-long airport and a gallery of famous movie postures (check out Jaws - it’s fantastic!), this vibrant display features one-including creatures and humorous pieces that are certain to have all members of your family giggling one moment and gasping the next!

**SHIFTER OF SHAPES THROUGHOUT JANUARY**

If you’re looking for a Covid-secure, educational thing to do with the children in January, head over to Seven Stories, The National Centre for Children’s Books. Here you can immerse yourselves in a special exhibition exploring The Last Spells by Robert Macfarlane and Jackie Morris. The experience invites visitors to step into nature, witnessing its power to amaze, console and bring joy. See Jacki’s original paintings and read Robert’s poems to bring the main character, Red Fox, and his fellow creatures to life on the pages of a magical living book. Find out more about Jackie’s original paintings and recite Robert’s poems to bring the main character, Red Fox, and his fellow creatures to life on the pages of a magical living book. Find out more about Jackie’s original paintings and recite Robert’s poems to bring the main character, Red Fox, and his fellow creatures to life on the pages of a magical living book.

**THE SMEDS AND SMEOS FROM 26 JANUARY**

Round up your little ones and settle in for a joyful tale of star-crossed aliens and intergalactic adventures at Tyne Theatre & Opera House! Soar into space with this exciting adaptation of Julia Donaldson and Axel Scheffler’s award-winning book, The Smeds and Smoos! It’s a fabulous production that follows the story of a young Smed and Smoo who fall in love and zoom off into space together to embark on a perilous journey of mishaps and adventure! How will their families get them back? Expect magic moments, bundles of laughs and interplanetary adventures for everyone aged 3 and up! tynecomputersandoperahouse.uk

**CURIOUS CRAWLERS 14 JANUARY**

Take little ones over to the Great North Museum: Hancock for an afternoon of curious crawling! A relaxed session for both parent and child, Curious Crawlers is a fun free activity that gives young ones the chance to explore their curiosity, learn fun new songs and drive into the museum’s epic toy collection. Be sure to visit this January! greatnorthmuseum.org.uk

**JEWELS 23 JANUARY**

How cool is this? Our friends at Tyneside Cinema are streaming the Balzer Ballet’s brand new live production, Jewels, direct from Moscow! Arriving on the big screen for one night only, settle in the plush red chairs with a big bag of snacks and watch on as George Balanchine’s legendary show, Jewels, dazzles this January. A glamorous triptych created as a homage to the cities and dance cultures of Paris, New York and St. Petersburg, this is a cultured cinema experience. For an afternoon of curious crawling! A relaxed session for both parent and child, Curious Crawlers is a fun free activity that gives young ones the chance to explore their curiosity, learn fun new songs and drive into the museum’s epic toy collection. Be sure to visit this January! greatnorthmuseum.org.uk

**City Retreat has returned to Newcastle to open a brand new beauty salon within Grey Street Hotel!**

These luxurious salons first opened back in 2004 at the 55 Degrees North development in the heart of Newcastle. Since then, they’ve won a number of industry awards, including the 5* Client Experience Award for the last four years in a row! Their recent city centre venue within Grey Street Hotel boasts City Retreat’s signature luxurious and welcoming salon settings with an array of the highest quality treatments the industry has to offer. Treatments on offer include a vast selection of ELEMIS facials, including hands on spa facials and the ELEMIS BIOTEC facial range, dermalogica facials and facial peels. There’s also ELEMIS deep tissue massage, hot stone massage, body scrubs and wraps, facial manicure and pedicures, gel nails, eye treatments and UV/LED tans! If you would like a copy of any of the City Retreat Brochures posted out to you, please call: 0191 2813222 or see the website: www.cityretreat.com where you can download the 2021 Treatment Brochures.

**Introductory offer to our Grey Street Salon - £15 off any ELEMIS Treatment.**

Receive £15 off when you spend over £75 on ELEMIS treatments and products.

Offer must include at least one ELEMIS treatment to receive the £15 off. Not to be used in conjunction with any other offer or City Retreat vouchers. Only valid at City Retreat Grey Street Newcastle. One voucher per client and single use only.

**Restaurant Week January 17th-23rd**

www.theforexchannewcastle.co.uk

**Living Spaces**

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sales@livingspaces.co.uk | lettings@livingspaces.co.uk
livingspaces.co.uk

**Grey Street Hotel • Newcastle**

Restaurant Week

Let, Sell, Rent or Buy...

...with an award winning agent!

*Offer ends 23rd January 2022*
Get fit in style this January

BEFORE YOU HIT THE GYM MAKE SURE YOU HIT THE HIGH STREET FIRST AND GRAB YOURSELF SOME OF THIS YEAR’S MUST HAVE FITNESS FASHION, TECH AND GOODIES! HERE’S OUR GUIDE TO GETTING FIT IN STYLE...

JD Sports
High street heroes when it comes to the latest in sporty fashion, JD Sports is a must-visit when you’re kitting out your gym bag for 2022. This Northumberland Street store is home to the biggest sports brands and gear for all occasions. Find yourself the perfect tracksuit to re-create your very own Rocky training montage or get a pair of futuristic Nike trainers to really make a bold statement next time you strut your stuff in the gym. With two floors of trendy sports goodies, you’ll be spoilt for choice when it comes to picking that perfect gym kit. You might just have to get an outfit for every day of the week!

Foot Locker
If you’re really looking to get that spring in your step this year, then a fresh pair of kicks from Foot Locker is exactly what you need! Specialising in American sportswear, Foot Locker is the place to go for a dazzling new pair of Jordans, an uber cool NBA jersey or a slick baseball cap to add some extra style points to your fitness gear. Find this stylish shop at the Northumberland Street entrance to Eldon Square, it’s the one filled with helpful folks in referee outfits ready to call time on any fashion fouls!

Fenwick
If you’re looking for some high end activewear, you won’t be disappointed with a trip to Fenwick. Here, fashion is perfectly combined with high performance fabrics, movement-enhancing cuts and eye-catching colours and patterns from top brands including Tommy Hilfiger Sport and Calvin Klein Performance.

New Tech >>

Apple
When it comes to fitness tech, it’s fair to say that the gang over at Apple really have the game on lock! If you’re looking for a smart watch this tech giant has a range of super smart and stylish timepieces for you to choose from. You’ve got the latest Apple Watch Series 7, boasting the brand’s biggest watch face yet, made with crack-resistant and swimproof material, or there’s the sleeker SE model for a more low-profile look. Both come packed with cutting edge technology to take your gym session to the next level. With an app for monitoring blood oxygen, an ECG app, heart rate monitor and more, an Apple watch is the must have bit of kit this year.

John Lewis
Is there anything John Lewis doesn’t stock? We’re sure not, but we are sure they’ve got an abundance of super cool wearable tech available to suit any budget in store! They’ve got smart watches from the likes of Samsung, Garmin, Fitbit and Apple, as well as tons of state-of-the-art equipment to track just about anything you’d ever need to track in a gym session. Measure your distance, time, steps and more! Stats and style, that’s what it’s all about and John Lewis has you covered!

Start Fitness
If you’re looking for essential fitness accessories at purse-pleasing prices then you’ve come to the right place! Start Fitness is a haven of all things sport and has quickly become the go-to spot for fitness fanatics across Newcastle. With loads of must-have accessories, trainers, supplements and tech, there are plenty of reasons to take a look in here to put the finishing touches to your 2022 gym kit!

Northern Runner
This runners’ paradise on Low Friar Street is your go-to store for all the sporty accessories you need. From head torches and running lights to help you keep up with your training during those dark winter nights, to belts, wallets and books, Northern Runner will ensure you’ve got everything you need to match up those miles.

TK Maxx
If you’re looking for some top quality branded home fitness accessories at great prices then there really isn’t any better place to go than TK Maxx. From dumbbells and ab trainers to yoga mats and skipping ropes, this store really is a treasure trove of sporty accessories. You never know quite what you might find, but you can guarantee you’ll always walk away with something that puts a smile on your face!
Diaries at the ready

THE KOOKS
31 JANUARY
Ooh la! Round up your champs and get over to O2 City Hall Newcastle for a simply unmissable show with 00s indie icons, The Kooks! The boys from Brighton are heading out on a nationwide tour to celebrate the 15th anniversary of their seminal album, Inside In/Inside Out. Be there as the lads blast through their iconic debut studio album in its entirety, including BRIT Award-nominated singles such as ‘She Moves In Her Own Way’, ‘You Don’t Love Me’, and the band’s blockbusting single, ‘Naïve’. academymusicgroup.com

SASHA VELOUR:
SMOKE & MIRRORS
7 FEBRUARY
Settle in as a one-queen theatre tour de force arrives at Tyne Theatre & Opera House this February! Featuring an electrifying blend of drag, visual art and magic, join Sasha Velour as she heads to NE1 to introduce audiences to a whole new side of her artistry through 13 dazzling and genre-busting lip-sync performances, all directed and choreographed by the queen herself. You’ll be on the edge of your seat as she explodes into rose petals, vanishes in a puff of smoke, conjures a rainstorm and even transforms into a tree in front of your very eyes - she’s that good! tynetheatreandoperahouse.uk

THE INVISIBLE MAN
1 - 19 FEBRUARY
Following the sell-out success of The War of the Worlds and The Hound of the Baskervilles, be sure to see Northern Stage’s electrifying new production adapted from H.G. Wells’ science fiction classic, featuring a new take on one of the most iconic characters in horror fiction. Exploring themes of exploitation, power and mortality, The Invisible Man questions who is really invisible in Great Britain 2022? A powerful watch. Don’t miss it! northernstage.co.uk

SCOTTISH BALLET’S THE NUTCRACKER
2 - 5 FEBRUARY
Sparkling costumes, Tchaikovsky’s spellbinding score and a story lifted straight from the pages of a classic fairy tale. Head to the Theatre Royal His February and follow Clara on a glittering journey through the worlds of her imagination as she drifts off to sleep on Christmas Eve. Here, she meets the dashing Nutcracker Prince, takes on the larger-than-life Rat King, and is whisked into the luminous land of sweets with the Sugar Plum Fairy! Enjoy a visual feast as Scottish Ballet takes you and your family on a fantastical adventure at the theatre. The perfect post-Christmas treat - time to plan ahead and pencil it in! thetheatroyour.co.uk

A NIGHT AT THE BREWERY -
THE MUSIC OF QUEEN
19 FEBRUARY
14 of the UK’s top session musicians come together this February for a thrilling evening of rock ‘n’ roll classics at Wylam Brewery! Celebrating and performing the iconic music of Queen, you won’t want to miss one of the venue’s biggest live events ever staged! The night will feature brand new takes from Queen’s extensive back catalogue and will remind us why they are one of the greatest rock bands of all time! wylambrewery.co.uk

MILES KANE
3 FEBRUARY
Get in there! The one and only Miles Kane is hitting the road this winter and he’s stopping off at O2 Academy Newcastle for a night of feel-good rock ‘n’ roll anthems! A performer known for his energetic performances and blistering live shows, Miles returns to tour his latest album, Change The Show. A record for fans both new and old, head here with your champs and sing your heart out to euphoric classic glam-rock tracks such as ‘Come Closer’, ‘Rearrange’, ‘Loaded’ and ‘Cry On My Guitar’. academymusicgroup.com

DAVE
27 FEBRUARY
There is a seriously unmissable gig heading to the Toon! Dave, one of the most important young voices in British music, is going on tour and this Mercury Music Prize winner has announced an exclusive show at Utilita Arena in February! The Brixton-born rapper and musical prodigy began composing from an early age, writing lyrics in his bedroom in Streatham, South London. When his debut album Psychodrama arrived in March 2019, this powerful examination of Black identity rocketed to number one and claimed Album of The Year at the BRIT Awards. Catch Dave as he takes to the Toon stage to celebrate the release of his spectacular sophomore effort, We’re All Alone In This Together. We’ve had it on repeat since it came out! utilitaarena.co.uk

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